

Childcare Menu Week 4 - Week Commencing: 21.09.26

*Low in Sodium & Refined Sugars

*Nut Aware

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 MELONS & BLUEBERRY ORGANIC YOGHURT W/ OATS	 ITALIAN FOCACCIA W/ CAPSICUM & OLIVES	 KIWI, HUMMUS, CORN THINS & VEGGIE STICKS	 TROPICAL FRUIT PLATTER W/ ORGANIC MILK	 ORGANIC YOGHURT W/ BANANA & RASPBERRY CHIA
LUNCH	 MACARONI & CHEESE W/ PEAS & CARROT	 BEEF BOLOGNAISE PASTA BAKE	 CHICKEN & CHEESE BURRITO W/ ICEBERG LETTUCE	 NOT SO CHILLI CON CARNE W/ RICE & BROCCOLI	 PUMPKIN SOUP W/ GRAIN DIPPING BREAD
AFTERNOON TEA	 MEXICAN BEEF NACHOS / OR MEXICAN BEEF BURRITO	 KIWI, PEAR & MANDARIN	 SPINACH & FETTA ROLLS W/ ORANGE WEDGES	 CHEDDAR CHEESE & MULTIGRAIN VITA WEATS	 TROPICANA CHICKEN PIZZA